MacTuff Ltd

Declaration of Participation and Waiver - Event As Per Date Indicated Below

- 1. I am aware of and understand the risks involved and potential risk associated with physical activity including the terrain, conditions, weather, use of equipment and obstacles.
- 2. I am voluntarily participating and aware of the risks involved.
- 3. I understand that activities outdoors and obstacle racing comes with many risks. I am happy to participate in the knowledge that said activities can result in injury or death.
- 4. I know I do not have to attempt every obstacle and/or part of the course and have the choice to "walk by" any obstacle or part of the course.
- 5. I will act responsibly on the course and will ensure that my behaviour does not detract from the experience and safety of others participating.
- 6. I know of no reason why I should not take part in this type of activity.
- 7. I hereby declare myself free of any conditions that may affect my participation.
- 8. I agree to inform a member of staff or the medical staff if I feel unwell.
- 9. I agree to abide by all notices and oral instructions on the day of the event.
- 10. I will do my utmost to enjoy the event.
- 11. I will encourage and help fellow runners where possible.
- 12. I understand and I am willing to get wet, dirty and tired.
- 13. No claims for Injury, damage or theft to clothing and personal belongings will be made against MacTuff Ltd.
- 14. Cars parked at owners risk with no claims to be made for loss or damage to MacTuff Ltd.
- 15. I agree (if applicable) to be responsible for the safety and welfare for all child participants in my charge.
- 16. I agree (if applicable) for my child to participate acknowledging the risks.
- 17. I agree for photography and videography to be taken on the day of the event and that they may be used for future promotional material.
- 18. I agree that if I am withdrawn from the course by a medic or marshal that I will respect that decision.

Participant Name (IN BOLD – FIRST NAME, LAST NAME)	
Signature	DATE
Signed By (IN BOLD, FIRST NAME, LAST NAME (if different to participant)	
NAME	DATE